

# The Rulers

<b>Importance ruler</b>	On a scale from 1-10, with 1 being not at all important and 10 being extremely important, where would you say you are?									
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Not at all important					Extremely important				
Why are you at your number and not a one?										
What would you need to move to a higher number?										

<b>Confidence ruler</b>	On a scale from 1-10, with 1 being not at all confident and 10 being extremely confident, where would you say you are?									
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Not at all confident					Extremely confident				
Why are you at your number and not a one?										
What would you need to move to a higher number?										

<b>Readiness ruler</b>	On a scale from 1-10, with 1 being not at all ready and 10 being extremely ready, where would you say you are?									
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Not at all ready					Extremely ready				
Why are you at your number and not a one?										
What would you need to move to a higher number?										